

FOUNDATION FOR ACCOUNTABILITY

# A person-centered view of consumer information in the health care marketplace

FTC/DOJ Joint Hearings on Health Care and Competition Law and Policy
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### FACCT activities and role

- Developed quality measures:
  - Chronic illness
  - Child and adolescent health
  - End of life care
- Consumer Information Framework
  - The Basics
  - Staying Healthy
  - Living with Illness
  - Getting Better
  - Changing Needs
  - Adapted by NCQA, National Quality Report, states



### FACCT activities and role

- Emphasis on consumer information access:
  - Health plan comparison report formats, decision models (FEHB)
  - CompareYourCare web sites
  - Personal Health Record design
  - Data Resource Center



### FACCT consumer research

- Over 100 focus groups across all segments
- Surveys of 100,000+ people
- In-depth interviews
- Annual consumer leadership conference



### FACCT perspective

- Purchasers and professional disciplines have defined quality information channels (plan, group, nursing home, hospital, physician, CHF, pneumonia, etc.)
- Quality information for marketplace decisions should be driven by patient and family information requirements

Three stories ...

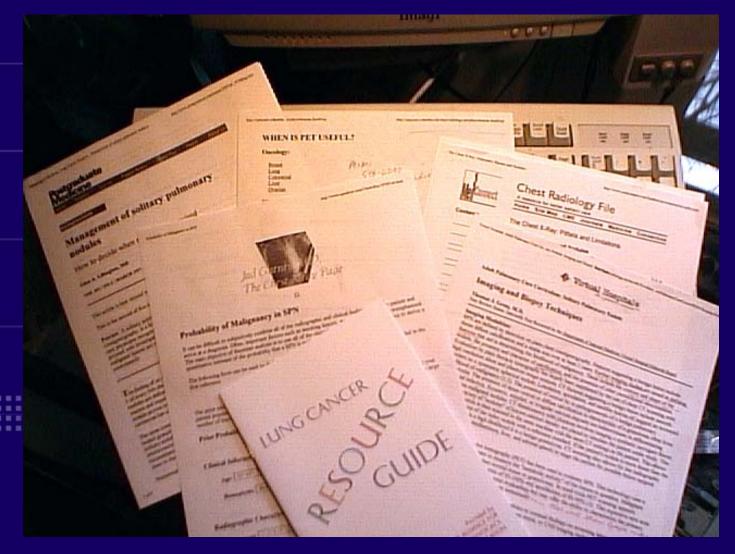


## Grandma Lou & family



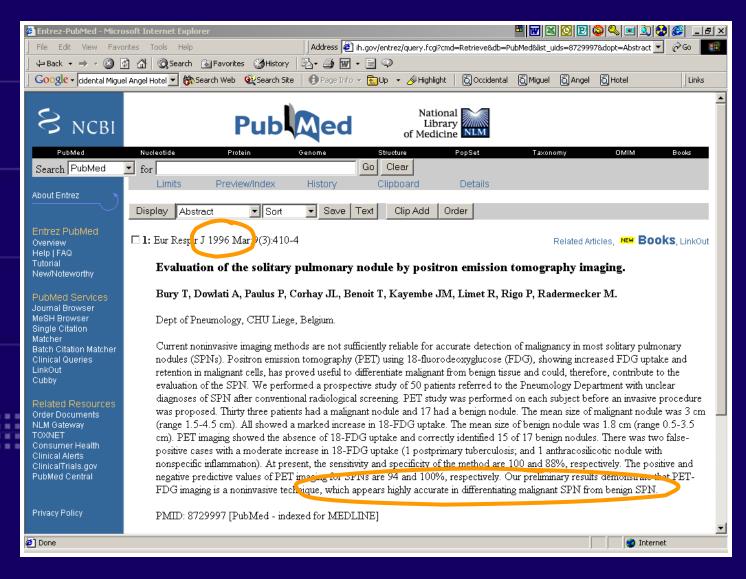


## Gayle's Research





### What decision is being made?





## Which hospital should you go to?

Number of lobe resections, New York & Brooklyn, 1999

	No. of		No. of
Hospital	Cases	Hospital	Cases
BELLEVUE HOSPITAL CENTER-NEW YORK	4	METROPOLITAN HOSPITAL CENTER	3
BETH ISRAEL MEDICAL CENTER-NEW YORK	23	MOUNT SINAI HOSPITAL-NEW	45
BETH ISRL MED CTR/KINGS HWY DIV-BROOKLYN	2	NEW YORK & PRESBYTERIAN	69
BROOKDALE HOSPITAL MEDICAL CTR-	10	NEW YORK & PRESBYTERIAN	57
BROOKLYN HOSPITAL/DOWNTOWN-BROOKLYN	2	NEW YORK DOWNTOWN HOSPITAL-	7
CABRINI MEDICAL CENTER-NEW YORK	11	NEW YORK METHODIST HOSPITAL-	11
CONEY ISLAND HOSPITAL-BROOKLYN	7	NORTH GENERAL HOSPITAL-NEW	4
INTERFAITH MED CTR/JEWISH HOSP-BROOKLYN	1	NY UNIVERSITY MEDICAL CENTER-	50
KINGS COUNTY HOSPITAL CENTER-BROOKLYN	1	ST LUKES ROOSEVELT/ROOSVLT	9
KINGSBROOK JEWISH MEDICAL CTR-	1	ST LUKES ROOSEVELT/ST LUKES	6
LENOX HILL HOSPITAL-NEW YORK	22	ST MARYS HOSPITAL-BROOKLYN	2
LONG ISLAND COLLEGE HOSPITAL-BROOKLYN	8	ST VINCENTS HOSPITAL & MED	6
LUTHERAN MEDICAL CENTER-BROOKLYN	6	UNIVERSITY HOSPITAL OF	3
MAIMONIDES MEDICAL CENTER-BROOKLYN	10	WOODHULL MEDICAL CENTER-	2
MEMORIAL HOSPITAL FOR CANCER-NEW YORK	316	WYCKOFF HEIGHTS MEDICAL CTR-	2

Mortality for <u>hospitals</u>

> 169 cases: 0.87% < 37 cases: 3.05%



## Recommended HIV/AIDS Quality Measures

- Steps to Good Care
- Screening and referral for mental health and social services
- Anti-retroviral treatment (anti-HIV drugs)
- Prevention of opportunistic diseases
- CD4 counts and viral load testing
- Regular eye exams
- Vaccinations
  - Preventive counseling for people at risk of contracting HIV
    - Symptom management

## Access, Experience of Care and Satisfaction

- Access to social and mental health services
- Access to health care and medical services
- Involvement in care and treatment decisions
- Self-management education
- Effective relationships with health care providers
- Planning for care at the end of life

#### **Results of Care**

- Days lost from work/school
- Overall health status
- Achieving undetectable viral load
- Effective symptom management



## Prioritized HIV/AIDS Quality Measures

	Expert Rank
HIV Treatment: antiretroviral therapy	1
Immune assessment: viral load	2
HIV Treatment: opportunistic	3
HIV Prevention: Immunizations	4
Experience of care: involvement in decision-making	5
Experience of care: access to services	6
Experience of care: access to mental health services	7
Self-management	8
Symptom control	9
Functional status	10
HIV Prevention: Education	11



## Prioritized HIV/AIDS Quality Measures

	Expert Rank	Patient Rank
HIV Treatment: antiretroviral therapy	1	5 (tie)
Immune assessment: viral load	2	4
HIV Treatment: opportunistic	3	1
HIV Prevention: Immunizations	4	11
Experience of care: involvement in decision-making	5	2
Experience of care: access to services	6	5 (tie)
Experience of care: access to mental health services	7	8
Self-management	8	7
Symptom control	9	9
Functional status	10	3
HIV Prevention: Education	11	<sup>10</sup> FA

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## HIV/AIDS Focus Groups: 11/98

"I'm not taking any drugs or anything like that and one of my specific reasons for that is that it seems like every time they seem to know what is going on, they come out with a new drug or several new drugs and specifically because I am a young, black, male, in my age group, there is very little research that is being done and as a black male, most of the research that is being done doesn't really affect me because it is for people who are mostly white, mostly between the ages of late 35 and 45 so that pretty much excludes me. So, until there is more research, I just don't feel taking any of the drugs they have to offer."

## Sample Provider Report

#### Snapshot of Practice #47 PHDS-PLUS Survey Results

Data are for children who enrolled in your practice through the Medicaid PC PLUS program (N=29) and are based on the Promoting Healthy Development Survey PLUS (PHDS-PLUS) conducted by FACCT- Foundation for Accountability in collaboration with the Office of Vermont Health Access (OVHA) in 2000-2001.

#### [FINDING: Anticipatory Guidance and Parental Education]

Discussions about physical care and injury prevention are more likely to

occur than discussions about development and behavior INJURY PREVENTION DEVELOPMENT & BEHAVIOR such as nutrition, placing young such as how to make the house such as how the child gets along with and car safe for the child - car children on their backs to sleep others, night waking & fussing, and bed time routines seats, poison prevention (Syrup o language development, toilet training In your practice: (pecac) and ways to avoid burns and the importance of reading to the to the child child All Recommended Topics Discussed: Percent of parents who reported that 52% 37% 62% child's pediatric dinician discussed all aspects of related anticipatory puidance and parental education Vitamine & foods the child Informational Needs Het: Words and phrases child uses and Topic(s) of care that parents importance of breastfeeding were MOST likely to report was Behaviors to expect from child as s/he Using a consent dicussed by their child's pediatric gets older\* Importance of placing child dinician on back when going to sleep\* Night waking & fussing\* How child responds to caregivers and gets along with others Things parents can do to help child grow and learn Tailet training Using a cor sout\* Childcare issues Words and phrases child uses and How to make house safe Informational Needs Not Met: understands\* Bedtime routines & number of Syrup of Ipecac Taxic(s) of care that parents were hours of sleep Importance of reading to child LEAST likely to report was Issues related to food & feeding How child may start to explore away discussed by their child's pediatric from parent di ninion Importance of placing child on

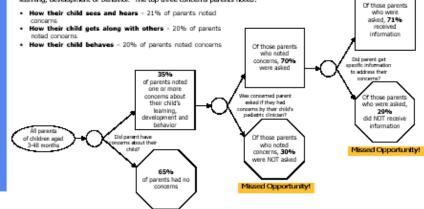
Padatic ciridans addressed this topic with the majority of paverts. However, paverts who did not discuss this topic with their clinicism reported that they wished it had been addressed.

#### [FINDING: Parental Concerns]

Parents' concerns about their child are often not identified by their child's pediatric clinician. When identified, however, many parents report receiving specific information to address their concerns

#### In your practice:

 One in three (35%) parents noted one or more concerns about their child's learning, development or behavior. The top three concerns parents noted:



Behaviors to expect in child as s/he

Guidance & discipline techniques to

gets older\*

use with child blight walking & fussing\*

[ FINDING : Maternal Depression ]

#### A significant number of mothers experience symptoms of depression

back when going to sleep"

 Importance of not putting a child to bed with a bottle

#### In your practice:

- One in ten mothers (10%) who responded to the survey experience symptoms of decression.
- 62% of mothers were asked about depression by their child's pediatric clinician.
- Statewide: Overall, mothers of children with special health care needs were significantly more likely to report symptoms of depression.

#### Questions used to screen for depression:

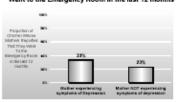
- How many days in the last week have you felt depressed?
- In the past year, have you had two weeks or more during which you felt sad, blue, depressed, or lost pleasure in things that you usually cared about or enjoyed?
- / Have you had two or more years in your life when you felt depressed or sad most days, even if you felt okay sometimes?

**Note:** Parents are identified as currently experiencing symptoms of depression if they responded positively to at least two of the three questions. (Kemper, AIDC 1992) Mothers who are depressed often are not identified by their child's pediatric clinician

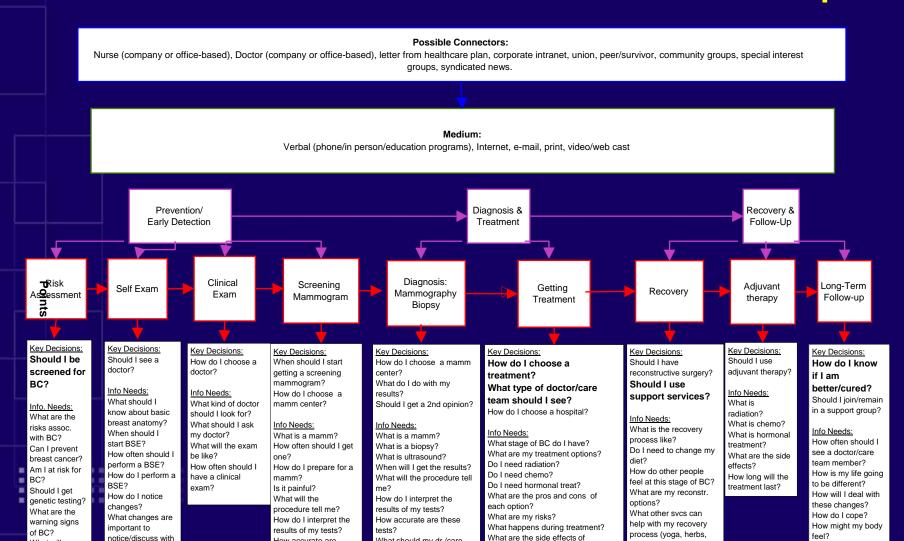
#### In your practice:

- 67% of the mothers who noted symptoms of depression were asked about depression by their child's pediatric clinician.
- Overall, 24% of mothers reported that their child had been to the emergency room in the last 12 months. Mothers experiencing symptoms of depression were more likely to report that their child had been to the emergency room as compared to mothers who are not currently experiencing symptoms of depression (33% vs. 23%).

Mothers Who Are Experiencing Symptoms of Depression Are More Likely to Report That Their Child Went to the Emergency Room in the last 12 months



### Breast Cancer Decision Map



What should my dr./care

team tell me about my

What else could my

condition be if it is not

What other doctors should I

cancer?

cancer?

consult?

treatment?

available?

are best?

Which hosp is best? How do I prepare for treatment?

Where is the latest rsrch?

Are there any clinical trials?

Are there any alternative treatments

Which Drs./ care team members

etc.)?

Where can my

fam/friends get support?

How accurate are

What should the

Do I need ultrasound?

dr./care team tell me

What other Drs. should

about my cancer?

these tests?

I consult?

What will my

insurance

cover?

my doctor?



How might my

to my image of

relationships

change?

myself?

## Are you making an informed treatment decision?

Breast-conserving surgery vs. mastectomy for early stage breast cancer

	BCS Rate	Seen by Medical Oncologist	Never told about BCS
Massachusetts	74%	52%	15%
Minnesota	48%	28%	27%



U.S. needs a modern information strategy suited to a modern health care system and a democratic consumer culture



# Attributes of health system that affect information requirements

- Technical complexity
- Layering of organizations and professionals
- Multidimensional care
  - Appropriate care
  - Education and teamwork
  - Daily living (outcomes)
  - Service quality
- Relationships (not commodities) (CT

# Attributes of health system that affect information requirements

- Consumer segmentation
  - Independent active (31%)
  - Doctor-dependent active (31%)
  - Doctor-dependent passive (27%)
  - Uninvolved (10%)
- Transparency
- 3rd party payment
- Mediating decisionmakers
- Trajectory of illness
- Personalization of services
- No one else will do it for you!



## Solutions to information complexity

- Focus public information on outcomes, not process
  - drives innovation
  - drives integration
  - drives person-centeredness
- Mandatory "disclosure"
  - Significant patient participation
  - -Voice as well as exit
  - -Patients and families as data source
  - -Stimulate NHII

## Solutions to information complexity

- Distribution as important as "data"
  - -Patient-physician agreement
  - Intermediaries
  - Interactive coaching
  - Personalized choice aids (utility based)





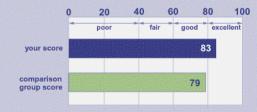




Home > Diabetes Check-up > About You > Rate Your Care > Survey Questions > Feedback

#### Appropriate Care: Feedback -

Here's how your doctor scores on giving you the tests, screenings, and services you need to help you monitor and control your diabetes.



#### Take Charge!

Click on the links below to get more feedback on the care you are getting from your doctor and get tips to help you improve your care!

#### Get More Feedback

- · Blood Pressure Check
- · Cholesterol Check
- · Kidney Disease Test
- · Blood Sugar Testing

- · Eye Exam
- Foot Care
- Aspirin
- · Smoking

#### Things You Can Do -



Add This Information To My Care Guide



View Summary Checklist



Go To Care Guide



Leave A Note About Your **Doctor's Care** 

move on





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#### **Summary Checklist**



This checklist is based on your answers to the survey questions you just completed.

Take this list with you to your next visit and review your results with your doctor or other health provider. If you can't cover everything on the list in one visit, schedule another visit or ask your doctor if someone else in the office can help you.

		Ask your doctor about
ppropriate Care	Screenings and tests up-to-date	Screenings and tests overdue
nhaler	<b>~</b>	
eak Flow Meter		<b>V</b>
imoking	<b>V</b>	
Education & Teamwork	Good teamwork!	More information/ action needed
ducation	<b>~</b>	
oing Self Care	<b>V</b>	
ase of Self Care		<b>V</b>
Day-to-Day Living	Keep up the good work!	Ask your doctor for help
Symptoms		
Physical and Emotional Health		
Paily Activities		
Support & Service	Good support & service!	Share your concerns with your doctor
Managing Your Care		
rust and Caring		
Customer Service		
	Peak Flow Meter  Smoking  Education & Teamwork  Education  Poing Self Care  Passe of Self Care  Pay-to-Day Living  Education  Physical and Emotional Health  Paily Activities  Education  Physical Service  Managing Your Care  Prust and Caring	tests up-to-date  thaler  teak Flow Meter  smoking  ducation & Teamwork  ducation  oloing Self Care  case of

#### Other helpful information available in Your Care Guide -

- · Your survey questions and answers
- Your personalized feedback
- · Quick tips
- Full tips
- Much more!

Before you exit Your Care Guide, be sure to print or download these helpful resourses for future use!







### Regulatory role

- Information infrastructure critical
  - Information standards
  - Mandatory collection and disclosure
  - Patient centered content
  - Integration, not fragmentation
  - Be wary of commoditization
- Represent patient and family needs - no one else does

